

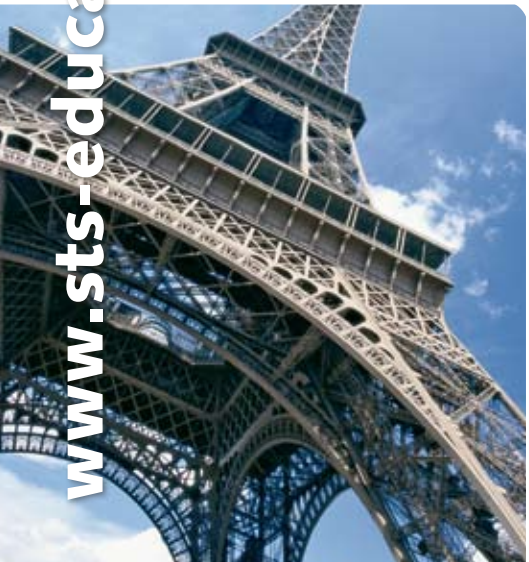
STS

STUDENT EXCHANGE

A High School Year Abroad for Students
between 14 and 18 Years of Age.

STS – A World Leader in Student Exchange.
Quality Programs since 1958.

USA • Canada • South Africa • Brazil
France • Italy • Germany • Austria • Sweden
Norway • Denmark • Finland • China • Australia
New Zealand • Spain • South Africa • Mexico
Argentina • the Netherlands • United Kingdom
Ireland • Switzerland • Ecuador



50
years of
experience

www.sts-education.com

Exchange students gain unique cultural experience through society and school life in their host countries.



US president George Bush meeting with Dutch STS student Roos Emans.

WELCOME TO STS HIGH SCHOOL

– a world leader in student exchange



Are you dreaming about seeing the world, discovering other ways of life and meeting new and interesting people? Are you looking for a truly unique experience that will enrich your education and help open doors for you at college, university, and in the global job market? Well, this can all be made possible by spending a high school year abroad with STS High School.

Culture is all about the way people live. It is the food people eat, the language they speak and the customs they follow. There is no faster way of learning about a new culture than by immersing yourself in it. Going on exchange will expose you to another culture in the best way possible – by living with a host family you can call your own and by going to a school with new friends in your chosen country.

AS AN STS EXCHANGE STUDENT, YOU WILL:

- Become fluent in a second language
- Enrich your education through a wider curriculum choice
- Develop confidence in yourself and your ability to deal with change
- Acquire real life international study and travel experience
- Meet new people and establish lifelong friendships overseas
- Expand your view of the world and better understand of global issues
- Learn how to take care of yourself away from home

STS has been working with exchange students for longer than most other organisations. With 50 years of experience, we are a world leader in student exchange. Thousands of teenagers have spent a high school year or semester abroad with our help. If you have a sense of adventure and want to experience another culture and meet new people, we would like to hear from you.

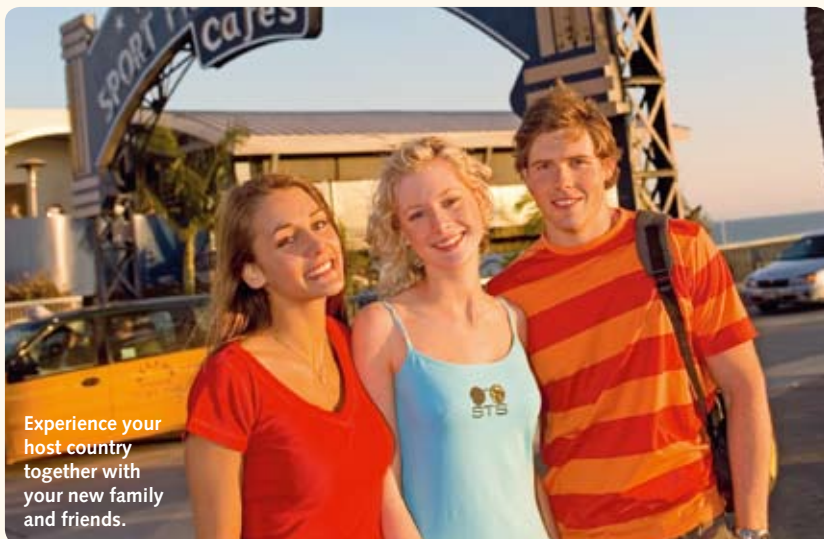
Contact us today!

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PARTNER OF A CSJET LISTED ORGANISATION



Experience your host country together with your new family and friends.



YOUR HIGH SCHOOL YEAR ABROAD – A MEMORY FOR LIFE.

We have 50 years of experience in student exchange programs all over the world

Exchange students abroad become part of a very diverse society and school life full of activities and excitement. Within weeks you will find yourself involved in new subjects and enjoying the school spirit. It is easy to make friends as an exchange student as much of the social life takes place through the school. You will experience many enjoyable, interesting events during your time at a high school abroad.

A HOST FAMILY THAT IS RIGHT FOR YOU

The student and host family relationship is the key to a successful exchange experience. No one goes to greater lengths than STS in order to select a host family that is right for you. Our goal is to find you a family which you will feel comfortable with and enjoy coming home to after school. Warmth, understanding and hospitality are three crucial attributes we look for in every host family.

Host families come from all walks of life. They include farming families, urban families, couples and individuals. Your host family will look forward to your arrival and do everything possible to make you feel at home. They will also introduce you to new and interesting people and include you in every aspect of their life – holidays, social gatherings, and sometimes even short family vacations. In return, you must try your best to fit in and participate as much as possible in your host family's daily activities. You will be one of the family!

HOST FAMILY SELECTION

Your application will be sent to our representatives in your chosen country and shared with many interested host families. Once we have matched you with a potential host family, that family will be interviewed in their home by our trained representatives. You can feel confident that we will select the most suitable family to host you.

GOING TO SCHOOL

You will have many interesting experiences at your school. The school work is naturally important and you should be well prepared for the lessons and tests. The challenge also includes adapting to new situations which differ from the ones you are used to. This will make your high school experience a nice memory for life and will help you prepare for the years to come.

FRIENDS FROM AROUND THE WORLD

During your time away, you will make many friends. Most of them will be the teenagers in your area and school. You will also meet other exchange students from all over the world who will become your friends. You will also get to know many other STS students if you take part in the tours organised especially for you.



"I saw an advert in a school magazine about STS, and that's when I knew STS was my ticket to the place I've always dreamed about, Switzerland."

Lerato Mpoeng from South Africa



"I have been in Sweden now for nine months. It is still very different to China but that is what makes it so exciting. During the summer I joined the European Tour which was a great experience. I made many new friends and visited wonderful places. I especially liked Venice, the city of my dreams."

Yue Cao from China

A YEAR IN THE USA

Exchange students in the USA become part of a very diverse society and school life full of activities and excitement. Within weeks you will find yourself involved in new subjects, new sports and enjoying the famous American school spirit.

The American society is dedicated to cultural exchange. In 1982 the President of the United States established “the Youth Exchange Initiative”. Its purpose is to increase international understanding between the US and the rest of the world. STS and its other US partners are very much a part of this program and deeply committed to its aim. In this way, STS is dedicated to the highest quality exchange programs. This makes STS a safe choice.

SCHOOL

The school year starts in August/September and finishes in May/June. There are short holidays at Easter and Christmas. Your schedule will consist of six or seven subjects, two of which are compulsory: English and American History. Students are placed in Year 10, 11 or 12, depending on their age. If you are interested in special subjects this is an opportunity not to be missed! You might choose Speech, Journalism, Theatre, Computers or Dancing. Your progress will be checked and you will receive regular written reports. You will also get the opportunity to try a lot of different activities. Joining a sports team is an excellent way of making new friends and experiencing first hand the excitement surrounding the games. Student who are interested in languages or writing can join a speech club or the school paper.

FAMILY LIFE

As an exchange student you will have the opportunity to live in an American family experiencing their daily life and traditions such as Halloween, Thanksgiving and turkey on Christmas Day. American families are extremely focused and would like you to be included in all their family outings and activities. Many American families also participate in volunteer community work and go to church regularly.

EXPERIENCE THE REST OF THE USA

All STS students have the opportunity to participate in the trips that are organised during the holidays. You will receive more detailed information on the trips offered after arrival in the USA.

★ PREPARATION COURSE IN NEW YORK ★

Get your exchange year off to a flying start with our optional preparation course. The course takes place just outside of Manhattan in Long Island and lasts for eight days. The course will give you valuable information about the American day to day life, culture and language. You will get an insight into life as an exchange student in the USA. You will have a brief introduction before continuing to your host family and start school. Last but not least you will experience big city life in “The Big Apple” – New York City together with our experienced leaders and other students from around the world.



Take the opportunity to try different activities while being abroad!



STS student from Norway in New York.





The Eiffel Tower in Paris.



STS students visiting the Louvre in Paris.



Historic Colosseum in Rome.



Try playing the bag pipe in Scotland!

FRANCE

Fine art, delicious food and French ambience are just few features that make France one of the most cultural exhilarating destinations in the world. The capital of France, Paris, is known to be the city of romance.

The French place great importance on education. Classes usually start 8.30 am and end at 5.30 pm. The three-term school year begins in mid-September and ends in late June. Since so much time is devoted to academics, extracurricular activities are usually not offered, but many students participate in community sports organisations. Dancing and movies are other popular activities for teens. The French family has a strong sense of unity. This is reinforced through many day-to-day family activities. Food is very important in France, and each meal is a delight. The family often gathers around a nice dinner. Your host family will be eager to introduce you to French lifestyle and culture.

★ PREPARATION COURSE IN PARIS ★

STS preparation course is a good start for your exchange in France. The course will give you valuable information about the French day to day life, culture and language. For instance, do you know exactly when you should use “vous” or “tu”? These are one of the many things you get to learn during the week in Paris and you get to see interesting places like the Eiffel Tour and the Louvre.

ITALY

For lovers of art, history, music or food, Italy is unrivalled. So well preserved is the country’s art and history, that traveling through Italy is like travel through time. Italy is one of the most beautiful and romantic countries in the world and the Italian language is often called “the language of love”.

The Italian school year runs from mid-September to early June. The school week is six days and runs from 8 am to 1 pm. Exchange students follow a normal course of subjects, including Italian. Many Italian families are large, closely-knit extended units. As an exchange student, be prepared to be welcomed with much warmth and hospitality.

UNITED KINGDOM & IRELAND

UK – The United Kingdom is made up of England, Scotland, Wales and Northern Ireland, and is commonly referred to as “the U.K.,” “Britain” or “Great Britain”. The British school system is one of the oldest in the world. Old traditions are combined with modern pedagogical ideas. School authorities and tradition require that in nearly all schools, students wear a school uniform.

IRELAND – Few places in the world have such an extensive amount of proof of a long history as Ireland ! Everywhere there are old castles, forts, monuments and ruins, some older than the Pyramids.

Brandenburger Tor in Berlin, Germany.



Copenhagen, Denmark.

STS students in Budapest, Hungary.



STS students in Venice, Italy.

AUSTRIA, GERMANY AND SWITZERLAND

AUSTRIA – is famous for its natural splendour. Austrians appreciate the beauty of their country and spend a great deal of time hiking, climbing mountains and skiing.

GERMANY – There is the Germany with rolling hills and romantic villages, where traditional styles of dress may still be seen. And there is the wealthy glitz of modern cities like Berlin.

SWITZERLAND – is known for the breathtaking scenery, wonderful chocolate and for being the cleanest country in the world. The culture has been greatly influenced by the surrounding countries. The STS program is in the German part of Switzerland.

SCANDINAVIA

DENMARK – is widely known as the “fairy tale country” home of Hans Christian Andersen and it is also the oldest monarchy in the world. Castles and charming old buildings are found all over the country, but Denmark is also a very modern society. The Danish high school year begins in mid-August and ends in June. Although Danish is the official language, English is widely understood and spoken.

SWEDEN – is an exotic country where you will find mountains, forests and beautiful archipelago. Common leisure activities are skiing, sailing and sports of all kinds. Stockholm, the capital, is one of the most beautiful cities in the world. High school in Sweden, called “gymnasium” offers a broadbased curriculum. The school year begins in mid-August and ends in early June.

NORWAY – is known for its deep blue fjords and high mountains. Norwegians are very proud of their country and their Constitution Day on May 17 is a great day of festivity. Norwegians are known to be friendly with a good sense of humor. High School in Norway runs from mid-August to June and the school day is 8 am to 4 pm, Monday through Friday.

FINLAND – Welcome to what is technologically the most advanced country in the world. Famous for its 50,000 lakes, Finland offers a variety of outdoor activities throughout the year. Finnish high schools offer a wide variety of vocational and academic courses.

★ EUROPEAN TOUR ★

This optional 21-day tour is commencing and finishing in beautiful Copenhagen, the capital of Denmark. In the middle of June you will have the opportunity, together with other students on high school year in any of our European countries, to experience the Northern Hemisphere. We travel through 10 countries and experience among other fascinating places, Berlin, Prague, Budapest and of course Disneyland in Paris. We explore the Alps in Switzerland and visit the romantic city Venice in Italy in a genuine gondola. We travel in a modern bus together with two leaders. During the tour we stay at modern youth hostels and hotels. You will receive more details about the tour during your high school experience.



STS OFFERS OTHER EXCITING COUNTRIES

STS is the only organisation that offers a more complete selection of exchange countries. In addition to the countries previously presented, you can choose to study in numerous other countries. More detailed information on all our destinations can be found on our web page, www.sts-education.com.

CHINA

China is one of the world's largest countries with one fifth of the world's population. Chinese people are keen on meeting people from other cultures. Our program includes a 3-week intensive course that starts upon arrival. There you will learn about the Chinese culture and the language Mandarin.

SOUTH AFRICA

South Africa has two official languages, English and Afrikaans which gives you the possibility to learn a bit of both. In South Africa you will enjoy fantastic nature, rich animal life, beaches and sunshine all year around.

CANADA

Canadians are known as one of the world's most friendly and generous people. Canada is also famous for its ice hockey and outdoor life. This is the country where you can learn two universal languages, English and French. The high schools have a great school spirit and offer clubs and sports activities which many students participate in after school.

AUSTRALIA

Red soil, hot sun, parrots' laughter, corals in clear blue water and warm evenings with barbecue is just fragment of all you will experience during your high school year in the land "down under". The Australians, or "the Aussies", are open, friendly and sincere. They have a relaxed lifestyle and they enjoy talking to newcomers about their country.

NEW ZEALAND

The film Lord of the Rings was recorded in this fantastic country. The country has spectacular nature, high mountains, wonderful beaches and rolling seas. New Zealanders are relaxed, friendly and enjoy life to the fullest, but they are also known to be committed and loyal. The language is still very "British English" and in most schools you wear a uniform.

SPAIN

Spain is a treasure-trove of arts and culture brimming with Flamenco, music and dance, tapas and lots of sunshine. Several regions have kept a separate identity, culturally and linguistically. Food is very important in Spain and your host family will expect you to try most of the specialties on offer. They are all delicious and you will enjoy them for sure!

ARGENTINA

Go as an exchange student to Argentina and you will have the opportunity to live in a fascinating community marked by traditional Latin American life style with European influences. The students are welcomed by a kindness, warmth and an open attitude so characteristic of the Argentinean host family.

MEXICO

The sunny Mexico with its unique culture is a perfect surrounding for improving your Spanish. You can also try the wonderful Mexican food, learn about their fascinating history, their great cultural heritage and archeological treasures.

ECUADOR

The country by the equator offers a tremendous beauty of nature. It is the smallest country in the Andes and is, because of its varied geography and its varied climate, extremely interesting.

BRAZIL

A high school year in Brazil will enchant your mind, body and soul with the colours, flavours and sounds of a tropical paradise. In Brazil they speak Portuguese and STS does not demand any previous knowledge of the language. Brazil is the fifth greatest country in the world, bigger than the continental USA.



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7 IMPORTANT REASONS FOR CHOOSING STS HIGH SCHOOL:

- **Approval** – STS High School is approved by CSIET, the American organisation which evaluates the quality of exchange organisations. Therefore, STS High school is a safe choice. You can find more information about CSIET at: www.csiet.org
- **Experience** – STS is the organisation with the longest experience of exchange study programs. We started in 1958 and thus have 50 years of experience of quality programs all over the world.
- **Strong local support** – STS has its own offices around the world and we cooperate with the leading exchange organisations. This combination has been shown to produce superior placement quality. STS is supported by well-known and influential people.
- **Personal contact** – We have a 24-hour telephone service in all our program countries.
- **Many options** – With STS you can choose from more countries in which to study than with any other organisation.
- **Placement guarantee** – When you are accepted to our program we guarantee you a placement in a host family and school in the country you have chosen.
- **Diploma** – At the end of your program you will receive a Diploma which shows that you fulfilled a year abroad with STS.

**VISIT US AT
WWW.STS-EDUCATION.COM**



PARTNER OF A CSIET LISTED ORGANISATION

 **HIGH SCHOOL
FOUNDATION**